Name:			
Date of Birth:			

Today's Date: \_\_\_\_\_ Last Eye Exam Date: \_\_\_\_\_

List any medications and/or a contraceptives, naturopathic)	11 *	re currently taking (Rx, painkillers, over-the-counter	r,
Medication allergies? If YES, please explain:	YES	NO	
· I I	iding but not limit	ed to stroke, diabetes, high blood pressure, heart atta	ck,

Do you *currently* have any problems in the following areas? If yes, please include details

Do you <i>currently</i> have any problems in the followin	0	•	1
	YES	NO	Details
<b>EYES</b> (poor vision, pain, tearing, redness,			
injury, cataracts, lazy eye, drooping eyelid,			
infections, etc.)			
GENERAL (fever, heat stroke, weight loss,			
weight gain, unusual fatigue, etc.)			
EAR/NOSE/THROAT (hearing loss, ear			
ache, stuffy nose, cough, dry mouth, etc.)			
CARDIOVASCULAR (high blood pressure,			
racing pulse, history of heart attacks, etc.)			
<b>RESPIRATORY</b> (congestions, wheezing,			
shortness of breath, etc.)			
GASTROINTESTINAL (IBS, diarrhea,			
constipation, hernia, ulcers, etc.)			
GENITAL, KIDNEY, BLADDER			
(painful urination, frequent urination,			
impotence, jaundice, etc.)			
MUSCLES, BONES, JOINTS (joint pain,			
stiffness, swelling, cramps, arthritis, etc.)			
SKIN (rosaccea, rashes, eczema, acne, etc.)			
NEUOLOGICAL (numbness, headache,			
seizures, paralysis, etc.)			
<b>ENDOCRINE</b> (diabetes, thyroid, etc.)			
<b>LYMPHATIC</b> (bleeding, high cholesterol,			
anemia, blood transfusion, etc.)			
IMMUNE (allergies, sneezing, swelling,			
redness, itching, hives, lupus, etc.)			
PHYCHIATRIC (anxiety, depression,			
insomnia, etc.)			
PREGNANCY (currently pregnant or			
nursing, etc.)			

## FAMILY HISTORY

(Mother, Father, Grandparent, Sibling)

Has any member of your family had any these diseases? (Circle all that apply) YES NO UNKNOWN Blindness, Cataracts, Glaucoma, Diabetes, Hypertension, Heart Disease, Stroke, Cancer, Thyroid Disease, Arthritis Other heritable diseases:

## LIFESTYLE HISTORY

Does your vision limit any activities of daily living? (driving, reading, sports, work, etc.) YES NO						
Do you drink alcohol?	YES	NO	If YES, how many drinks per w	veek?		
Do you smoke?	YES	NO	If YES, how much?	How many years?		